

## FRAMEWORK FOR METHODS

### 1. Information about teacher/worker in school.

#makepersonal

<b>Teachers/worker name, surname:</b>	Seija Ruotsalainen ja Anna Roo
<b>Position:</b>	Professional subject teachers in social and health care
<b>2-3 about teacher:</b>	
<b>Check X if you add picture of teacher.</b>	

### 2. Description for method.

#makeinteresting #makeflexable

<b>Method name :</b>	<b>Godparenting the elderly</b>
<b>In what subject you can adapt this method:</b>	During various modules in Social and Health studies and courses. For example: health care and caring, rehabilitation, professional growth...
<b>Description in few sentences:</b>	Nursing students attend weekly visits to elderly citizens who live at home. It is a joint operating model of municipal home care in the city of Porvoo and vocational school. Personnel of the city home care work together with students and teachers of the school. The students learn in real life situations and get guidance from teachers and skilled workers.
<b>Description of process :</b>	
<b>1.</b>	Students acquire theoretical knowledge on the subject matter during the lessons taught by the teacher and perform independent tasks related to the subject under the guidance of the teacher.
<b>2.</b>	In joint meeting with municipal home care nurses, the students are divided into pairs and they get background information about their clients. After this, the students make their first visit to the clients' home with municipal home care nurse named to them.
<b>3.</b>	Student pairs visit their client once a week. For each visit, they have been given a pre-assigned task or theme (such as aids, accessibility, dining, moving and evaluating the client's ability to function).



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4.	The client and the students sign a joint agreement that engages them in “godparenting” action. Clients participate at their own risk.
5.	After each visit, the students write feedback to the booklet at the client’s home.
6.	After each visit, students send a short feedback to teachers by WhatsApp. The message may also include requested photographs (e.g. device or aids in use)
7.	Teachers meet students at regular intervals and give theoretical lessons to return to key topics. During the meetings all emerging issues from the field may be discussed.
8.	On average, students meet customers 15 times during their studies. After these visits, the students make a summary / report where they reflect on their own learning.
9.	Godparenting the elderly activity is ongoing throughout the year, with student groups changing during the academic year. The teachers and home care staff responsible for the operation meet twice a year. During these meetings, a common approach is planned and developed. In the city home care there is one person selected who is responsible for informing the school about situations and changes related to the clients, e.g. the illness of client. In urgent situations, also the students can be in direct contact with this person.
10.	In Finland, Godparenting the elderly method, has been recognized at national level in competition for creating new welfare practices.